

WOMEN • TAKE HEART



**Women Take Heart™ Breakfast  
Monday, February 4, 2008**

**FEATURING: Coach June Daugherty, 2007 Cardiac Arrest Survivor**

**What:** As many of you will remember, Coach Daugherty is the former UW Women's coach who survived cardiac arrest in the spring of 2007. Now at WSU, Coach Daugherty has partnered with The Hope to further her message about women and heart disease.

Coach Daugherty has a unique perspective. Her former star player, Kayla Burt, suffered cardiac arrest just 3 years prior; as her coach, June was by her side through it all. When it happened to her own heart, she forged an even stronger bond with Kayla and found support. Coach Daugherty has a powerful message to share and the charisma to make an impact on women of all ages.

Cholesterol screenings, stroke risk assessments, blood pressure testing, and BMI calculations will also be available.

**Why:** Heart disease is the No. 1 killer of women in America. The Hope Heart Institute is a nearly 50-year-old local non-profit whose research and education programs save lives and advance the battle against heart disease and stroke. The Hope is honored to partner with WSU Coach June Daugherty at our Women Take Heart fundraising breakfast on February 4<sup>th</sup>.

100% of donations go directly to research and education programs.

**When:** Monday, February 4  
7:00 – 9:00 a.m. Breakfast seating at 7:45 am  
Mini Health Fair – 7:00 – 7:45 a.m. and 9:00 – 11:00 a.m.  
Join us the morning after the Cougs take on the Huskies on UW turf!

**Where:** Bell Harbor International Conference Center  
Pier 66, 2211 Alaskan Way

For sponsoring opportunities, or to register, please contact Michele at 425.456.8706 or visit [www.hopeheart.org](http://www.hopeheart.org).